

# St Benedict's Parish Arcadia

*To fulfil God's commandments daily in one's deeds.  
Rule of St Benedict, Chapter 4*



**COVID-19 STAGE 2 RE-OPENING:  
CHURCH ATTENDANCE BOOKINGS  
ESSENTIAL**

**ONLY 50 people maximum allowed.**

Contact Paula for:  
Parish bookings  
on 9653 2312 (Mondays & Fridays)  
or 0423 078 282

Online Booking: <https://www.trybooking.com/BJSGK>

## PARISH:

### Weekend Mass

Saturday 7:00pm  
Sunday 9:00am  
Sunday 11:00am  
Sunday Latin 4.30pm

### Weekday Mass

Mondays to Thursdays 9:30am  
Fridays 7:00pm followed by Confession

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## MONASTERY CHAPEL Masses

Contact Father David for:

Monastery Bookings on 0400 371 260

Sundays 7:00am  
Daily 7:00am

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Please contact Father Bernard for the following:

**BAPTISMS  
RECONCILIATION  
FOR THE SICK  
MARRIAGES  
FUNERALS**

**Father Bernard: 0416 032 497**



## The Most Holy Trinity Year A

6 & 7 June 2020

### First Reading

A reading from the book of Exodus 34:4-9  
*The Lord God, ruler of all, merciful and loving.*

### Responsorial Psalm

Dan 3:52-56 R v.52  
You are blest, Lord God of our fathers.

### Second Reading

A reading from the second letter of  
St Paul to the Corinthians 13:11-13  
*The grace of our Lord Jesus Christ and the love of God  
and the fellowship of the Holy Spirit be with you all.*

### Gospel Acclamation

Alleluia, alleluia!  
Glory to the Father, the Son, and the Holy Spirit:  
To God who is, who was, and who is to come.  
Alleluia!

### Gospel

A reading from the holy Gospel  
according to John 3:16-18

**Gospel reading for this Week**  
**The Most Holy Trinity**  
**Sunday after Pentecost - Year A**

**A reading from the holy Gospel according to**  
**John 3:16-18**

*God sent his Son to save the world through him.*



Jesus said to Nicodemus,  
 'God loved the world so much that he gave his only Son,  
 So that everyone who believes in him may not be lost but may have eternal life.  
 For God sent his Son into the world not to condemn the world,  
 But so that through him the world might be saved.  
 No one who believes in him will be condemned;  
 But whoever refuses to believe is condemned already,  
 Because he has refused to believe  
 In the name of God's only Son.'

The Gospel of the Lord.

**Gospel reading for next Week**  
**The Body and Blood of Christ**  
**Sunday after Trinity Sunday - Year A**

**A reading from the holy Gospel according to**  
**John 6:51-58**

*My flesh is real food and my blood is real drink.*



Jesus said to the Jews:  
 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever;  
 and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said.

Jesus replied:  
 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not  
 have life in you.  
 Anyone who does eat my flesh and drink my blood has eternal life,  
 and I shall raise him up on the last day.  
 For my flesh is real food and my blood is real drink.  
 He who eats my flesh and drinks my blood lives in me and I live in him.  
 As I, who am sent by the living Father, myself draw life from the Father,  
 so whoever eats me will draw life from me.  
 This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but any-  
 one who eats this bread will live for ever.'

The Gospel of the Lord.

## SAINT OF THE WEEK



### St Boniface of Mainz, Bishop and Martyr

Feastday: June 5

Birth: 675 in England

Death: 754

Born in Devon (England) about 675. Died in the Netherlands on this day in 754. A monk and teacher who went to evangelise the Germanic peoples. Was ordained bishop and given wide ranging papal commissions throughout Germany and Gaul. Founded monasteries and established dioceses, presided at synods, and maintained close associations with various emperors. Remembered as a determined missionary and as a Church organiser and reformer whose work shaped the future of Europe. He is buried at his abbey of Fulda and is honoured as Apostle of Germany. He not only brought the Christian faith but Roman Christian civilization to this portion of Europe.

In His Footsteps:

When have you jumped into something without thinking you needed preparation?

What was the result?

Is there something you feel called to do but don't feel that you know enough or would be able to handle it?

Who can you go to for training or support? Talk to one of these people this week.

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**Prayer:**

***Dear Lord, teach us to be like St Boniface, when facing discouragement and failure, to learn from them. Help us to hear Your message in our moments of failure and to use what we learn to serve You better. AMEN.***

### REFLECTION - The Most Holy Trinity - John 3:16-18

This short passage from John contains a key theological concept. The God that Jesus reveals, the God that John comes to know, and the God we believe in is a God motivated by love.

The love of our God is so great that God gave his only Son as a gift to the world—to save the world, not condemn it. God's love is dynamic and ever present. All one has to do is believe in Jesus, the concrete example of God's selfless love.

God sent Jesus into the world to save it. However, human actions play an important part in salvation. Belief in Jesus is manifested through the good deeds we do in God's name. On the other hand, when we choose not to believe in what Jesus has revealed, we bring condemnation upon ourselves. Just as Moses invited God to dwell among the stiff-necked people of Israel, we have to invite and allow God to live among and within us. We are called to live a life that is an outgrowth of our experience of God's love, a self-sacrificing love revealed by Jesus.

**Jesus models for us the love of God and is the way to God the Father.**

**Jesus's role is to point us to the Father.**

**The Spirit's role is to transform us day by day, building us, the Church, into the mystical Body of Christ.**

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## THE SPIRITUAL COMMUNION

Those who are unable to make sacramental Communion with Christ by participating in the Eucharist, can express the desire to receive him in their spirit with these words that help to make spiritual communion with him:

My Jesus, I believe that you are truly present in the Most Holy Sacrament of the Altar.  
I love you above all things and desire to receive You into my soul.  
Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.

**Amen**

*Saint Alphonsus Liguori*

## PRAYER TO THE HOLY SPIRIT

Oh Holy Spirit, You are the Third Person of the Blessed Trinity. You are the Spirit of truth, love and holiness, proceeding from the Father and the Son, and equal to Them in all things.

I adore You and love You with all my heart.  
Teach me to know and to seek God, by whom and for whom I was created.  
Fill my heart with a holy fear and a great love for Him.  
Give me compunction and patience, and do not let me fall into sin.

Increase faith, hope and charity in me and bring forth in me all the virtues proper to my state of life.  
Help me to grow in the four cardinal virtues, Your seven gifts and Your twelve fruits.

Make me a faithful follower of Jesus, an obedient child of the Church and a help to my neighbor.  
Give me the grace to keep the commandments and to receive the sacraments worthily.  
Raise me to holiness in the state of life to which You have called me, and lead me through a happy death to everlasting life. Through Jesus Christ, our Lord.

Grant me also, O Holy Spirit, Giver of all good gifts, the special favor for which I ask *{name special petition}*, if it be for Your honor and glory and for my well being. **Amen.**

## POPE FRANCIS' INTENTIONS FOR June 2020

### The Way of the Heart

**We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.**



## NEW ADDITIONAL PARISH MASS TIMES

### Weekend Mass

Saturday Vigil 7:00pm  
Sunday 9:00am  
Sunday 11:00am  
Sunday Latin 4.30pm

### Weekday Mass

Mondays to Thursdays 9:30am  
Fridays 7:00pm followed by Confession

Maximum 50 people (not including celebrant, servers or musicians)

### BOOKINGS ESSENTIAL

Contact office on 9653 2312 or Paula on 0423 078 282  
**Online Booking: <https://www.trybooking.com/BJSGK>**

## In Our Parish

**We remember in our prayers** - all our dearly beloved who have died, especially Frank Saliba and Ben Lucas.

**We welcome into God's family** - to all who were recently baptised.

**We pray for the sick of our Parish, our country and throughout the world.**

## PARISH FUNDS

THANK YOU to everyone who has supported the parish by helping out in the past few weeks. We really appreciate it.

With the suspension of Liturgies and Masses, our parish income has been severely affected. Planned Giving, Donations and Electronic Transfers can keep us going during this difficult time. If you are in a position to do so, please consider maintaining your Planned Giving donations:

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

BSB: **062 784**

Acct: **1446 8001**

Name: **Catholic Parish of Arcadia**

Bank: **Commonwealth Bank of Australia—Catholic Development Fund**

Another option is to pay by credit card just contact the parish office on 9653 2312.



## CHARITABLE WORKS FUND

The Charitable Works Fund supports five charities that provide faith based services to the people of the Diocese of Broken Bay. The Covid-19 pandemic has impacted many areas of our lives. Donations can be made online: <https://www.givenow.com.au/cwf>

When you give to the CWF, your donation is working for the faith and the people of the Diocese of Broken Bay. Donations \$2 and over are tax-deductible.

### An excerpt from Bishop Anthony Randazzo's Letter regarding Easing of Restrictions:

Please note, too, that in the church, not every individual, however, needs to be 4 square metres apart from each other. Clearly, couples will sit together; families will sit together – in other words, the social distancing requirement does not apply to members of the same household. However, social distancing should apply between each family set.

#### Places of Worship

The following limitations apply to the number of people allowed within the premises:

For a **Mass, a Baptism, a funeral, a memorial, or other religious service, or for private worship** - the lesser of:

- 50 persons; or
- the total number of persons calculated by allowing 4 square metres of space for each person on the premises.

For a **wedding** the lesser of:

- 20 Persons; or
- the total number of persons calculated by allowing 4 square metres of space for each person on the premises.

A full copy of the Bishop's letter will be available at the Church entrances detailing everything.

## CATECHIST NEWS

Free training is being provided by the CCD online to all Catechists. **The CCD will be hosting online training for Safeguarding Children via Zoom next week on Wed 10<sup>th</sup> June 10am-12noon; Wed 17<sup>th</sup> Jun 12:30-2:30pm and Wed 24<sup>th</sup> June 7-9pm.** Please register one week prior to the date on 8379 1643 or [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)

SRE (Scripture) classes continue to be available online as approved by the Department of Education. Below is the link which is available for students and families to easily access these lessons at home.

<https://www.bbcatholic.org.au/parish-community/ministries/ccd/curriculum/learning-from-home-sre-lessons>

While Catechists cannot be involved in the lesson delivery at this time, we will continue praying for all our children and their families, asking the Holy Spirit to continue to work in the students' lives.

Let us all keep our parish and community in our prayers at this time.

God bless,

Miriam Brown 9652 0558

## ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome. Contact Parish Office to book as bookings are essential at the moment for 10 people or see Angela Egiziano. Ph: 9653 2312.

## CCC PRAYER GROUP

Prayer meeting will resume every Friday night 7.30PM. For now only 10 people are allowed. So please make sure you book in as bookings are essential. Everyone welcome. Contact Mary Camilleri on 0403116987.

## CLEANING AFTER MASS

It would be appreciated if each person would wipe down the pews they were sitting on after each Mass please. There are gloves provided and cleaning products at front of church.

## BUSINESS COMMUNITY PAGE

We are trying to raise funds for our Parish as the fete did not go ahead this year. We have so many bills to pay so we have decided to start a Business Community Page at the back of the bulletin.

If anyone is interested in this sponsorship for their business to be advertised at the back of the bulletin please email your business card to [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com) so we can add it in. The cost will be \$50 per month.

**Help us to help you!**

If you have any other ideas for fundraising we would love to hear from you. Contact the office on 9653 2312.

## THE BEAUTY OF HUMAN LIFE

Every human person who has ever lived, every human person who will be born today, and every human person who will come into existence in the future, is KNOWN and LOVED by our heavenly Father from all eternity. This loving Father in the knowledge, care and compassion that he has for each one of his sons and daughters, has made us unique and unrepeatable. He tells us...

*"Before I formed you in the womb I knew you, and before you were born I consecrated you." (Jer. 1:5)*

We are 'known' intimately. There will never be another you or another me... ever! Each one of us has their own individual character traits, physical features, personal idiosyncrasies, thoughts, dreams, desires and a million other things that collectively make us who we are as individual human persons. We think differently, we act differently, we have different tastes, different likes and dislikes and it is these things that single us out from the crowd and make us different in our own unique way. Pope Francis puts it this way:

*"We were conceived in the heart of God, and for this reason each of us is the result of a thought of God. Each of us is willed, each of us is loved, each of us is necessary." (Laudato Si 65)*

Yes, we are wonderfully and INTENTIONALLY made! We are so very unique and it is in our uniqueness that the beauty of every single human person shines forth and in which we can recognise and acknowledge the absolute beauty and gift that is inherent in every single human life. You are unique and unrepeatable – never forget that!

Acknowledgment [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

**Do you know someone who has a child with a Disability?**

St Lucy's School is a Catholic school dedicated to students with disabilities. We are a community enriched by difference; inspiring learning for a life of purpose. We provide intensive instruction in: literacy, numeracy, social and emotional learning and independence skills in a dynamic and creative environment across Primary and now High School.



**ST LUCY'S SCHOOL  
ENROLLING NOW FOR 2021**

Please contact the School Registrar for a tour at [enrolment@stlucys.nsw.edu.au](mailto:enrolment@stlucys.nsw.edu.au) or 02 8355 3157

 JOY | COMMUNITY | COURAGE | TRUTH

**Office Hours:** Mondays & Fridays 10.30am to 3pm  
**Parish Office:** 9653 2312  
**Parish Priest:** Fr. Bernard McGrath osb  
**After hours:** 0416 032 497  
**Email:** [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com)

**Website:** [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)  
**Facebook:** [stbenedict sarcadia](https://www.facebook.com/stbenedict sarcadia)  
**Address:** Cnr. Fagans & Arcadia Rd, Arcadia 2159  
**Monastery:** 9653 1159  
**Good Samaritan Sisters:** 9653 1231

For all parish Occupational Health & Safety and Safeguarding Children matters please contact Lorraine Dailey on 0416 081 882.



Most Rev Anthony Randazzo  
*Bishop of Broken Bay*

Message for BBNeighbourhoods  
2 June 2020

My dear brothers and sisters in Christ,

Yesterday, for the Feast of *Mary, Star of the Sea*, I celebrated Mass in the Cathedral with an assembly of the community of the Church inside the building while livestreaming into homes. I am delighted that Government has eased restrictions on our churches. While we still have a long way to go, we are now able to gather in groups of 50 people for prayer, worship, and most importantly for holy Mass.

As we begin to return to our churches, I would ask that you adhere to the health regulations that are in place. They are designed for the protection of all, especially those who might be vulnerable. We do not want to exaggerate the situation, so simple things like washing your hands before Mass with soap and water is an easy way to ensure your safety. Your priests and community leaders are doing everything possible to make our gatherings safe. I would invite you to assist and help whenever possible. If you are unwell or physically vulnerable due to illness, it would seem prudent to avoid coming to the church until you are recovered. However, please do not hesitate to contact your local parish so that the priests, deacons or pastoral teams can attend you, especially in your time of need.

Our Catholic School community has resumed classes and our Schools are well and truly in full swing. While all of our children are important, I would ask that you spare a thought and a prayer for our Year 12 students, in Catholic or Public Schools. The final year of high school is an important time in the lives of our youth. This year has brought added pressure and stress upon them. I am confident that as a community of faith, we will be able to accompany our young women and men as they step out into their future. Might we take the time to reassure them that they are not alone. Can we reassure them that we are with them and most importantly, that God has a marvellous plan for their lives.

This weekend we commemorate the Feast of the Blessed Trinity. It is a feast about love, relationships, fellowship and communion. The Blessed Trinity is the model of life and holiness for us. I have chosen this Feast to admit two of our seminarians as Candidates for Holy Orders, Sam French on Saturday at Woy Woy and Roger Delmonte on Sunday at the Cathedral. Candidacy is a public commitment on the part of the community of the Church to accompany these men as they move to the next stage of their formation for the priesthood. I invite you to pray for Sam and Roger, asking Jesus the Good Shepherd, to form them as shepherds after His own heart.

Please keep safe and well in these challenging times. Be reassured of a remembrance in my daily prayers and at Mass.

Blessings and thanks for all that you do,

+Anthony